

Creating Opportunities And Casting Hope...

COACH stands for Creating Opportunities and Casting Hope. We mobilise volunteers to support people in tough places flourish.

Our five key values are

- Compassion
- Embracing All
- Holistic Care
- Collaboration
- Reflection



If you answer yes...

- DO YOU FEEL ISOLATED AND LONELY?
- WOULD YOU LIKE ASSISTANCE TO COPE WITH THE HASSLES OF DAY TO DAY LIFE?
- ARE YOU ANXIOUS ABOUT LIFE?
- WOULD YOU LIKE AN ENCOURAGING, NON JUDGEMENTAL PERSON TO TALK WITH AND ASSIST TO SOLVE LIFE PROBLEMS?
- WOULD YOU LIKE SUPPORT TO MANAGE YOUR LIFE BETTER?

...THEN THE COACH MENTORING PROGRAM COULD BE FOR YOU!

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Without COACH I would have been in jail I reckon. With COACH we were taught that we needed to work together

Pete & Cheryl



COACH is free and a long-term support

Having a mentor is free and can offer support to you for 12 months or more, all we ask is that you turn up on time!

COACH mentor is a friend with purpose who offers practical help and mentoring towards life goals.

They live locally and are trained and checked.

COACH Suitability Criteria

If you are a family with at least one child under 12 years old or are young person aged 8 to 15 years old you may be suitable for the program.

